



# LA CONCHA

Newsletter of American Pilgrims on the Camino

[www.americanpilgrims.com](http://www.americanpilgrims.com)

Summer 2014

## When You Are In Santiago...



Do you want to be certain to see the botafoleiro? It always flies at Friday's 7:30 PM Mass and the noon Pilgrims' Mass on Sundays. Otherwise, the schedule varies, depending on sponsorship by groups or special occasions. Generally, if it is hanging in front of the altar when Mass begins, it will fly. ♦

Special exhibit commemorates the 800<sup>th</sup> anniversary of St. Francis' pilgrimage from Assisi to Santiago. See page 9 for details. ♦

*Photos courtesy of the S.A. de Xestión do Plan Xacobeo*



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**Take time to enjoy the cathedral's many tours and exhibits. Information available through the doors under the cathedral steps on the Plaza de Obradoiro.**

## Dear Fellow Pilgrims,

I am both happy and sad to be writing this, my final column as Chair of the Board of Directors. Sad, because I have enjoyed sharing thoughts with you all during the last couple years. Happy, because Cheryl Grasmoen will be assuming the duties of Chair, and I can think of no one better to lead American Pilgrims into the future.

\* \* \*

Every now and then, what I read on our Facebook page fills me with wonder.

I read a post a few weeks ago: A couple who would fly into Rota, near Cádiz, wanted advice on the best way to get to Saint-Jean-Pied-de-Port. My knee-jerk reaction was, "Why do that?" Why not begin in Cádiz and walk the Vía de la Plata, rather than cross the entire peninsula to Saint-Jean and begin there?

For that couple, it made no sense economically to travel to Saint-Jean. It wasted precious time. It put the couple on a path where the hysteria over securing a bunk, avoiding bedbugs, and finding relief from crowds often reaches a fever pitch.

Why do we insist on walking the Camino Francés? I do not know.

The Federación, the Xacobeo, and the Pilgrims' Office all urge us to walk a Camino other than the Francés, especially from May to September. They remind us that this is particularly important for the final 100 kilometers. Last year, 24% of ALL pilgrims started in Sarria. Incredible. And each of us who chooses to walk the Camino Francés becomes part of the problem.

When you start to think about your next Camino, be it your first, your second, or your

tenth, why not consider walking one of the many other Caminos to Santiago?

Walk the Camino Mozárabe from Granada or Málaga, through Mérida, Cáceres, Salamanca, Zamora, and Ourense. Walk the Camino de Levante from Valencia through Toledo and Ávila. Walk the Camí de Sant Jaume from Barcelona to Montserrat and Huesca before joining the Camino Aragonés at Jaca. If you have three weeks, walk the Camino Primitivo from Oviedo. If you have two weeks, walk the Camino Portugués from Porto. If you have one week, walk from Ferrol, or Tui or Ourense or Lugo.

In the Middle Ages, people from Segovia or Calatayud or Badajoz did not travel first to Saint-Jean to begin their pilgrimage. Today, we can choose to begin our pilgrimage wherever we wish.



*i Ultraia!*

*Carlos Mentley*

*Outgoing Chair*



*Carlos at Montserrat.*

*Dear Members,*

I have recently assumed the Chairmanship of the Board of Directors of American Pilgrims on the Camino. As you all can imagine, our immediate past Chair, Carlos Mentley, is a hard act to follow. He has been a determined visionary and effective leader of our organization, with unsurpassed passion for the Camino. Carlos will continue to serve our organization as a member of the Board and will chair the 2015 Gathering. With the help and support of a talented, dedicated Board, I'll do my best to continue our organization's tradition of strong leadership.

Following the Gathering in April, the Board spent many hours in the early stages of a strategic planning process. Although we have a strong strategic plan in place that guides the Board's decisions and activities, it is time to reexamine and refresh it. We have embarked on this task with the expert help of former Board Chair, Jim Eychaner. Moving forward, we will continue to focus on our identified priorities:

- Support and encouragement of new and existing chapters
- A strong training program for hospitaleros and exploration of new opportunities for service with our Spanish partners
- A vibrant grants program, both domestic and international
- An annual high-quality, compelling Gathering
- Support and promotion of the Amigos Welcome Service in the Pilgrims' Office in Santiago
- Improved communication with members through *La Concha*, the website, and social media
- An efficient, timely method of issuing credentials to American pilgrims

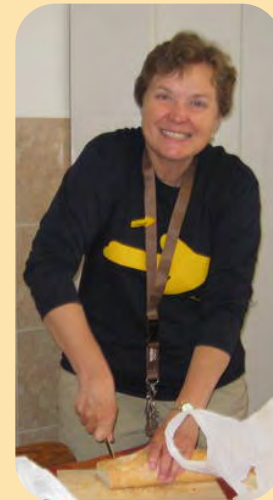
Yes, it's an ambitious list for a volunteer organization with more than 1,500 members! But fortunately we have enthusiastic, hard-working Directors and other volunteers who make the

Camino a priority. We have initiated an arrangement with OrgSupport, a Seattle organization working with nonprofits, to take on some of the administrative tasks that were formerly handled by volunteers.

Regarding the 2014 Gathering, we had record attendance with more than 175 members and non-members, including eight international guests! Thanks to all of you who attended and participated in three days of exceptional speakers, lively conversation, inspiring music, and delicious food. A special thanks to the St. Louis Area pilgrims and the Chicago Chapter for graciously hosting receptions. As we look forward to future Gatherings, including next year's in Menlo Park, I encourage you to suggest topics and possible speakers for 2015. Our objective is to bring together pilgrims for social interaction and information of value and interest to our members. ♦

*¡Buen Camino!*

*Cheryl Grasmoe, Chair*



*Cheryl in one of her many roles*



## 2014 Gathering Wrap-up

The National Gathering just keeps getting bigger and better. Pilgrims and visitors – 175 strong – came in April to the 2014 Gathering, *Fierce Landscapes: The Inner and Outer Camino* in Belleville, Illinois, making it the largest Gathering ever.

Like the Camino, the Gathering provides opportunities for conversation and camaraderie, introspection, good food (including a lesson in making tarta de Santiago), and walks on woodland paths. The presentations ranged from the practical, such as Herbert Medina's packing light and Daniel De Kay's first aid, to the spiritual, including Belden Lane's opening presentation, 'Landscapes as Sacred Space' and the closing presentations by Paul Coutinho, Martha Stortz, and Rennie Archibald on how pilgrims can

integrate spiritual lessons from the



*The St. Louis Chapter serves up hospitality (left) International guests Tom and Gosia smile for the camera, (center) Fortunately, El Cid only entertained us with his prose, not a demonstration of his sword skills (right)*

Camino into their lives upon their return.

We were honored that Rafael Sánchez, Director of the Xacobeo (and first pilgrim to hold that job!) joined us and spoke about his plans for the Camino. We were also delighted to welcome representatives from Camino associations in Canada, Hungary, Italy, The Netherlands, and the United Kingdom, and the Director of International Programs from the University of Santiago de Compostela.

Even El Cid came! (There were those who said he bore a striking resemblance to the North Carolina Chapter coordinator.) [His poetic remarks](#) are posted on the American Pilgrims website. Lydia B. Smith, producer and director of the film "Walking the Camino: Six Ways to Santiago" showed her award-winning film. Camino Cabaret and the 5 x 5 Open Mike drew enthusiastic storytellers, performers, and audiences. The Shell Ceremony launched 30 new pilgrims on their Camino. ♦

## Volunteers of the Year

The 2014 Volunteers of the Year are Jane and Dick Carter of Seattle, Washington. Dick, a retired Spanish teacher, and Jane, who teaches music, are longtime members of American Pilgrims and have served as hospitaleros in El Acebo, Estella, Zamora, Salamanca, and twice at Carrión de los Condes. They are founding members of the Puget Sound Chapter and have taken a leadership role in forming the Albergue Partnership between the chapter and the Santa María Albergue in Carrión de los Condes, where they are serving as hospitaleros this month. The Carters are also regular contributors to *La Concha* (see page 14 of this issue). Congratulations to these two outstanding volunteers! ♦



## A History of the Gathering

By Lynn Talbot, Blacksburg VA

Perhaps some of you have wondered about how and why the annual Gathering originated. The credit for our wonderful tradition goes to Sandy Lenthall, who in 1997 began organizing a weekend get-together for pilgrims who had returned from the Camino and for those who were contemplating such a journey.

Sandy was already an experienced pilgrim, having walked the Camino in 1995, 1996, and 1997. She saw a need for the opportunity to share pilgrim memories after her husband, Ron, quipped, "Why don't you invite people to come here where they can talk to each other and we can have dinner without interruption?" (Sandy was getting lots of phone calls from past and future pilgrims.) Ron also suggested the name – a Gathering of Pilgrims – and a short announcement appeared in the newsletter published by the Friends of the Road to Santiago. Sandy sweetly asked, "Would there be interest in getting together for sharing experiences, books and guides, photos, 'after life' perceptions, etc. with others?" The rest is history.

Thirty-three people traveled to Williamsburg, Virginia in February 1998 for presentations by

three College of William & Mary professors. George Greenia discussed medieval manuscripts, Sara Lipton explained the social history of medieval pilgrims, and Barbara Watkinson described the art and architecture of the Camino.

Other presentations focused on appropriate shoes, clothing, backpacks, preparation, and trail tips. And of course there was food – Spanish tapas from Don and Ruth Harris (of La Tienda fame), a barbecue, and lunch at Sandy and Ron's home. Special entertainment, an open discussion of pilgrimage experiences, and time to individually talk and share about the Camino filled the weekend. Sunday morning, a worship service was held at historic Bruton Parish Church in Colonial Williamsburg. The Gatherings today are still similar. There are more of us – 175 at the most recent Gathering in St. Louis – but we still want to talk about our time on Camino with others who

understand the experience, we want to learn more about things Camino-related, and connect with old and new friends. Sandy Lenthall, the originator of the Gathering, still attends. Others have stepped up to organize annual Gatherings in both the U.S. and Canada since then. We all have benefitted from their tireless work. ♦



*Sandy Lenthall (right) with George Greenia and Eloisa Palafox at the 2014 Gathering*

## Save the Date:



Gathering 2015  
Menlo Park CA  
March 12-15, 2015

## Ever Ancient



## ever new



# Hospitalero News

American Pilgrims welcomes 43 new hospitaleros and hospitaleras into our ever-growing family. Two training courses have been held so far this year, in Los Gatos, California and Belleville, Illinois. Trainees have received postings to albergues on the Vía de la Plata and Camino Francés. We are very proud of our newest volunteers!

Chapters, if you are interested in sponsoring a training course in your area, contact us at [hospitalerotraining@americanpilgrims.com](mailto:hospitalerotraining@americanpilgrims.com) for more information. ¡Ultreia! ♦



*Hospitalero training, February 14-16, 2014, Los Gatos CA*

## Hospitaleros Facebook Page



There is now a Facebook page just for hospitaleros. It is open to any American Pilgrims members who have completed an hospitalero training course. Its purpose is to be a place for the exchange of information and ideas between hospitaleros. Simply go to Hospitaleros Voluntarios, APOC and request to join. ♦

## SAVE the DATE Hospitalero Training

The next hospitalero training is November 14-16, 2014 in California. Put it on your calendar today. ♦

November 2014

							<i>Hospitalero Training November 14 - 16, Friday - Sunday</i>			
M	IO	T	II	W	I2	Th	I3	F	I4	Sat
									I5	Sun
									I6	





*Hospitalero training, April 1-3, 2014, Belleville IL*

## Hospitaleros, where are you?

Remember to send us the dates and place of your volunteer posting, whether you are a new or veteran hospitalero. We want to keep our records up to date on how many of us are volunteering, and where and when we are serving. So, whether in Spain, France, Italy or elsewhere on a Camino route, please let us know! ♦

The following hospitaleros are serving pilgrims in the following locations:

Tisha Cazal & Stephen Revering	El Burgo Ranero	April 1-15
Mike Viilo	Grañón	May 15-31
David McDevitt	Bercianos	June 1-15
Patricia Walker	Bercianos	June 1-15
Kris Ashton	Carrión de los Condes	June 9-21
Mary Marwitz	Carrión de los Condes	June 1-15
Dick & Jane Carter	Carrión de los Condes	June 8-20
Robbie Lawson & Taqui González	León	July 1-15
Roxanne Morgan	Grañón	August 1-15
Lil D'Auria (w/partner Jim Holmes)	Estella parrochial	August 16-31
Michael Romo	Samos	August 16-31
Gene & Rosann McCullough	Rabanal	August 16-31
Rennie & Maggie Archibald	Foncebadón	September 15-30
Randy Selig	Zamora	October 1-15
Cindy and Pat Day	Grañón	October 16-31

# News from Santiago: Xacobeo and the Pilgrims' Office

## Xacobeo



At the 2014 Gathering, many members had the opportunity to meet the **Xacobeo's new Director General**, Rafael Sánchez. Through subsequent

meetings with him in Santiago, American Pilgrims has been assured of continued collaboration with the Xacobeo as we plan for the future. ♦



*Rafael and Carlos at the Gathering*

## Pilgrims' Office

There is now daily **Mass in English** in the cathedral: 10:30 AM in the Capilla del Espíritu Santo, wherein resides the beautiful Virgen de la Soledad. Participants are invited to leave their prayers on scraps of paper. The chapel is located on the left side of the cathedral.

The traditional **Compostela**, still available on a donativo basis, has been beautifully **redesigned**. In addition, a **Certificate of Distance** is newly available from the Pilgrims' Office. This equally attractive document provides a record of the pilgrim's route, starting point, number of kilometers traveled, and date of arrival in Santiago. The cost is 3€.

For the second year, American Pilgrims members are participating in the **Amigos Welcome Service** in the Pilgrims' Office. Every day from 30 April through 15 October, four to six participants from associations in the United States, the UK, Ireland, Canada, and Holland will don blue Amigos T-shirts to welcome pilgrims, sell tubos, and facilitate the smooth operation of the Compostela line.

**Statistics:** From 1 January 2014 through June, 82,734 pilgrims arrived at the Pilgrims' Office, including 4,928 from the United States, a 6.6% increase over the same period in 2013. We are holding steady in fifth place. ♦



*The new Compostela*

Excellent English sources of **Santiago news** of interest to pilgrims include: [www.xacobeo.es](http://www.xacobeo.es) and [johnniewalker-santiago.blogspot.com](http://johnniewalker-santiago.blogspot.com). ♦



## Commemoration of St. Francis 1214 Pilgrimage

In honor of the 800th anniversary of the pilgrimage of St. Francis of Assisi to Santiago, the Xunta de Galicia and S.A. de Xestión do Plan Xacobeo are sponsoring “Pilgrim and New Apostle: St. Francis on the Camino de Santiago”, an exhibit at the Colegio de Fonseca in Santiago, June 20 through August 24. Inaugurated in 2013 at the Palacio Bonaquisti in Assisi, Italy, the exposition is free of charge and open every day.

Including paintings by El Greco and Zurbarán, sculptures, and other objects from the time of St. Francis from as far away as the France, Italy, and the Holy Land, this is just one in a series of concerts, films, and other events related to St. Francis’s pilgrimage scheduled to take place in Santiago this year and into 2015. ♦

## Franciscan “Compostela”

In conjunction with the anniversary celebration, the Convent of St. Francis in Santiago has created a special certificate, available only during 2014. Pilgrims must present their credential to obtain this “compostela,” offered on a donativo basis, in the sacristy of the Church of St. Francis, Rúa do Campiño de San Francisco 3, located behind the parador and only a block from the Cathedral. Limited hours: 10 to 11 am or 5 to 7 pm. ♦



*Life-size brass door knocker in Santiago. Photo by Cherie Pagett, Alexandria VA*



*Door “hand-les” near Sevilla. Photo by Robin Brodsky, Brandon VT*

Typically found throughout Andalucia (rarely in the north of Spain), these brass hands holding an apple or sometimes a simple ball are almost always very heavy knockers rather than door handles. Interpretations vary among Christians, Jews, and Muslims, however, it is thought to date back to pagan times. Often referred to as the *hamsa*

(Arabic for five), it is also called the hand of Mary or the hand of Miriam or the hand of Fatima. One can imagine it might have some connection to the Garden of Eden. Powers such as protection, nourishment, strength, healing, and fertility have been attributed to the hand. Regardless of its meaning or powers, it is always highly polished. ♦



## Chapter News

To preserve the spirit and camaraderie of the Camino, American Pilgrims members have formed 23 chapters across the country, with chapters located from the Pacific Northwest to Florida, from New England to the desert Southwest, and many places in between. If you would like to get together with fellow pilgrims during the year for a variety of adventures, visit our [Local Chapters](#) webpage to see if there's a chapter near you. If there isn't and you would like to explore the possibility of forming one, contact our Chapter Liaison at [chapters@americanpilgrims.com](mailto:chapters@americanpilgrims.com). ♦

### How to Form A Chapter

*By Martha Crites, Chapter Liaison*

American Pilgrims has more chapters than ever before, but you might not find one near you and think about forming one in your area.

Have you wondered what it takes to form a chapter? You must be a member of American Pilgrims who has traveled the Camino on foot, bicycle, or horseback and who has the time and energy to organize events.

Your first step is to contact the Chapter Liaison at [chapters@americanpilgrims.com](mailto:chapters@americanpilgrims.com). We then help you set up an exploratory meeting to see if there is enough interest in your area. Ten or twelve active people are usually enough to proceed.

One goal of the exploratory meeting is to identify two people (not a couple) to serve as co-coordinators for a minimum one-year term. A member of the Chapter Committee has a phone meeting with each potential coordinator to ensure that we have qualified and enthusiastic people to lead the new chapter. Finally, the coordinators sign

an agreement that outlines chapter responsibilities and explains the support American Pilgrims will provide.

Please join us in welcoming the newest chapters and their coordinators.

#### **Northern Arizona**

Carl Cook and Bobbie Surber

#### **Tennessee**

Hal Humphreys and Maria Paz Pintane

#### **Kansas City**

Peter Schloss and Lisa Waterbury

#### **Hoosiers**

David Cook and Janet Schwind

#### **Santa Barbara**

John Harrison and Franc Chacon

#### **St. Augustine**

David DePhillips and David Dufresne ♦

### Southern California Chapter

On Saturday, November 3, Marla Keesee, Geoffrey Davies, and Claudine Thomas led 38 pilgrims on a seven-mile hike, starting from Tapia Park in Calabasas. In addition to people from Ventura, Los Angeles, and Orange Counties, we had a visitor



from Alaska. We ascended to the Backbone Trail and then to Mesa Peak, where we saw magnificent views of the coast. Afterwards, we met for a picnic, with lots of Camino talk and tip sharing for Camino-bound pilgrims. Geoffrey created a very cool sign for our event. ♦

*Marla Keesee and Anita Baroldi – Co-Coordinators*

## A Recovering Introvert Comes Out on the Camino

By Gary Mitchener, Cleveland Heights OH

I only wore my hand-made cardboard sign occasionally, when I felt particularly annoyed by the constant loud chatter of fellow walkers on the path and when I happened to be feeling overdue for some solitude and reflection. It read, “I am a pilgrim on foot walking in silence (*except when I sing*).”

People reacted to my sign differently. Some seemed to turn up the volume even louder; others became almost hushed as they passed me by with a wave and a smile. Without looking, one woman began humming “Amazing Grace” as she walked past, so I joined in by humming the harmony part. It was a lovely moment; we never talked or even established eye contact. It was enough for two fellow pilgrims just to share that moment of quiet resonance.

One evening at the albergue hosted by two Buddhist brothers, I was feeling lonely and isolated, sitting at the end of a long table of diners who were speaking various languages, while I could barely muster a bit of Spanglish. Suddenly I heard someone mention the word *cantar* (to sing) as several people looked down at my end of the table and smiled. I figured they had seen my sign.

Not sure what came over me, I suddenly heard myself singing:

“When I was just a little boy,  
I asked my father, what will I be,  
Will I be handsome, will I be rich?  
Here’s what he said to me.”

They all joined in:

“Que será, será,  
Whatever will be will be.  
The future’s not ours to see,  
Que será, será.”



*The author and his sign in front of the Santiago Cathedral on the Feast of the Ascension, May 17, 2012*

Well, it didn’t take long for the whole raucous supper crowd to join in lustily with “On Top of Old Smokey,” some songs by the Beatles and Bob Dylan, and other songs I had no idea Europeans had heard! Someone even started “99 Bottles of Beer on the Wall,” but it was quickly squelched. Here I was, a shy recovering introvert, leading a whole room of Europeans in a real live hootenanny! (I haven’t heard that word in years.) It reminded me of an old TV show that most of you are much too young to remember, *Sing Along with Mitch*.

*Como se dice* (as they say): “Yikes!” ♦



## Dinner by Candlelight

*By Sanjiva Wijesinha, Melbourne, Australia & Shivantha Wijesinha, Brooklyn NY*

One of our most memorable nights on the Camino was spent near Puente Itero at the Albergue San Nicolás, a tenth century former chapel recently restored by the Perugia-based *Confraternita di San Jacopo di Compostella*.

What was so special about this albergue was not its location but the exemplary spirit of service shown by its hospitaleros. We had stayed in many albergues, but San Nicolás was movingly different.

No fees are charged on arrival, pilgrims being allowed to leave a donation when they leave. The albergue itself has no electricity. Lighting is entirely by candles with

cooking done on a gas stove. A small adjacent building (fortunately provided with electric lights and hot water) provides toilets and showers.

The unique ceremony that took place before dinner epitomized the spirit of selflessness that the hospitaleros here bring to their task of caring for pilgrims.

At 7 pm, all 12 pilgrims were asked to sit in a semicircle in the chapel. Our hosts, resplendent in scallop shell-covered black capes, asked each of us in turn to place one foot in a bowl held by an hospitalero. While another read a prayer of blessing, a third poured water from a special pitcher and washed the foot. After drying it with a towel, the hospitalero kissed the foot. This was certainly a demonstration of the true humility with which these special men accepted their calling.

Following the ceremony, we were asked to sit down at the long table and served dinner by candlelight. Our offer to help with serving was gently declined. In such an atmosphere one could feel a genuine sense of oneness with our fellow pilgrims. After dinner we all sat on



*Shivantha Wijesinha at Albergue San Nicolás*

wooden benches outside the albergue. Soon the glow of the setting sun caressed the landscape. Darkness fell, the moon came out, and after a while we could see above us a spectacular night sky. The stars and constellations were so clear!

In medieval times people believed the sky above their heads was a barrier separating us humans down below from God and his people up in heaven. Given the vista of the sky as we had here, we could well empathize with such a view.

It was certainly an evening to remember. All of us who came here as strangers were realizing a simple yet profound truth: There is much more in this world that we have in common than that which divides us. ♦



*Sanjiva Wijesinha at dinner with fellow pilgrims*



## La Concha Crossword: Gear

By Herbert A. Medina, Los Angeles CA ([crosswords@americanpilgrims.com](mailto:crosswords@americanpilgrims.com)) with the help of EclipseCrossword.com.

Crossword puzzles are said to be the world's most popular word game, and while we haven't heard of pilgrims gathered around at night in any albergue trying to solve one, the puzzle below is full of words familiar to pilgrims. See how many clues you can solve.

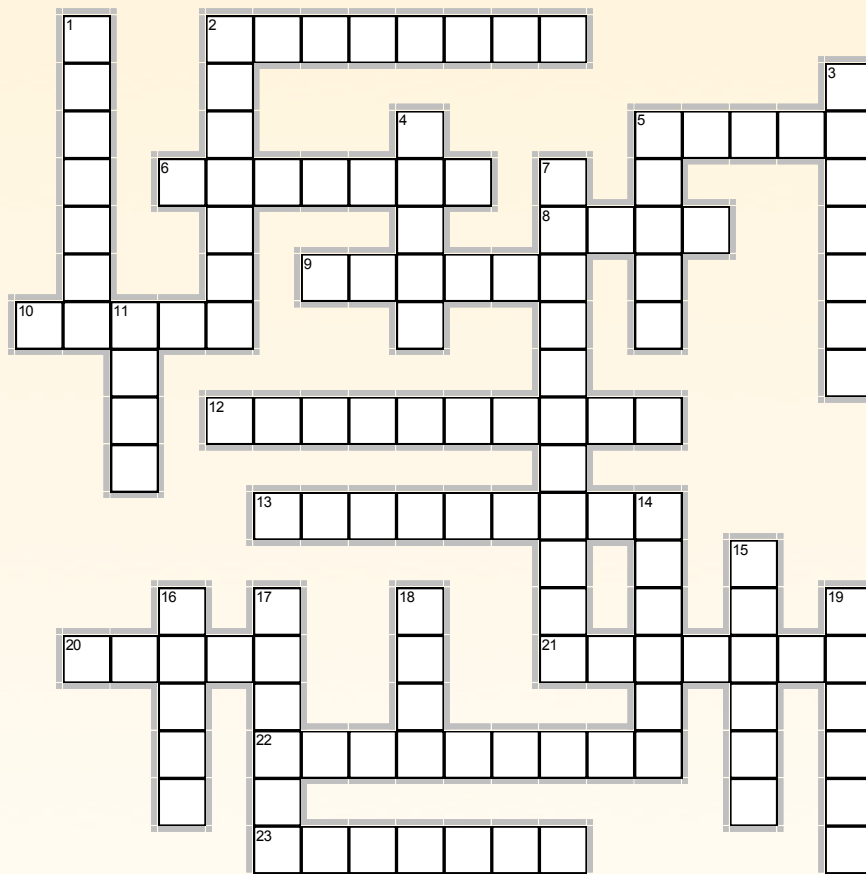
**Introduction:** Most of the clues and answers are related to the *camino*. Clues *completely italicized* are either proper names in another language or common Spanish words/terms/abbreviations. Starred clues are related to the puzzle's title.

### Across

2. "Blank" Pilgrims on the Camino
5. There may be lots of them on the camino
6. Captures the soul\*
8. There are lots of them on the camino
9. For warmth while walking\*
10. "De Santiago" dessert
12. Said dozens (perhaps hundreds) of times per day on the camino
13. Essential in dark albergues\*
20. Brierley's is perhaps the most popular\*
21. *Galicia's language*
22. Will keep you cool at night\*
23. Will keep your feet dry

### Down

1. Often blue or red
2. "Más común" camino *malady*
3. Not pleasant to walk on
4. In me good, on me not so good



EclipseCrossword.com

### Down (cont'd)

5. A quick-dry one is best\*
7. Will keep you warm at night\*
11. Unusual to have a camino without it
14. iPad is one\*
15. Describes many albergues
16. There are lots of them on the camino
17. Most serious modern camino plague
18. The climb to O Cebreiro is definitely not
19. Will keep you dry in a downpour (albeit not if too windy)\*

Solutions at [www.americanpilgrims.com/crosswords](http://www.americanpilgrims.com/crosswords) Please contact the puzzle master at [crosswords@americanpilgrims.com](mailto:crosswords@americanpilgrims.com) with your comments (too easy, too hard, just right) and whether you would like to see the crossword become a regular *La Concha* feature.

## ¡Buen Provecho!

Veteran hospitalera Jane Carter has fed many pilgrims and shares one of her recipes below. ♦

From the Kitchen of Jane Carter, Seattle WA

### Bean Stew

- 1 cup white beans, or some combination of beans
  - 1 ham hock
  - 1 onion chopped
  - Several cloves of garlic, crushed
  - ½ cup tomato sauce
  - 4 cups water or broth
  - Salt, pepper and Spanish paprika to taste
- Soak the beans overnight.
  - Sauté the onions and garlic in olive oil. Add salt, pepper and paprika. Place all ingredients in a casserole or slow cooker.
- If using the stove top, bring to a boil and then cook covered on low heat for 2 hours or until the beans are tender. Remove the lid and let the liquid thicken a bit.
- If using a slow cooker, set it on low and cook a long time. Remove the lid at the end to allow the liquid to thicken.
- This dish makes a tasty supper served with crusty bread and a salad. You can also stretch this recipe to serve more people. ♦



## What a REAL Pilgrims Carries...

Wandering through the Q?rius area of the Smithsonian Museum of Natural History in Washington, DC, Gene and Rosann McCullough, American Pilgrims volunteers extraordinaire, came upon the perfect adornment for the super-pilgrim. Gene's delight is obvious as he displays the Weathervane scallop, *Patinopecten caurinus*. He's probably thinking it will look awesome dangling from the giant backpack they stumbled upon in Astorga. ♦



Photo by Rosann McCullough, Denver CO.



Photo by Gene McCullough, Denver CO



## Musical Performances on the Camino

*By Federico Sheppard, Carrión de los Condes, Spain.*



As I was reaching for the door to leave for my first Camino, I got a telephone call. "Turn on your television" a friend said. As soon as I did, I knew my trip and perhaps the world would never be the same. The date was September 11, 2001.

After the unavoidable delays, I found myself walking to Santiago with the recent events on my mind, but also many of the difficulties I had faced during my life. I made up my mind to

make some needed changes in the way I was living, and after a time, decided to begin a project to bring music back to the Camino. I found myself intrigued by the abundance of musical figures and the beautiful instruments in many of the churches, but where was the music?

I returned home determined but found the response of family and friends to be less enthusiastic. Several suggested that I return and make another Camino, and I happily agreed. Once again, I found myself in the exact same place preparing my pack for the trip when again the phone rang. This time it was March 11, 2004, and the Madrid train bombings had just been reported. If I had any doubts the world needed something different, they were erased that day.

Fast forward to the end of 2013. With the help of the unlikely combination of a Mexican diplomat in Belgium, who is married to an Italian lady with a contact in the Vatican, whose friend is the curator of religious art in the province of Palencia, the [CaminoArtes](#) program of free concerts along the Camino was born.

To date, we have produced 227 concerts, always free and open to the public, in historically important churches along the Camino, from Roncesvalles to Santiago. The 2014 season will run

from June-October 1 and include a world premier in the province of Palencia in late August. Concerts take place Wednesdays and Friday through Sunday, with the random unscheduled concert in La Ermita (Carrión). We set out the signs in the morning of each concert.

The generous help of the bishop of the diocese of Palencia, city of Carrión de los Condes, which provides permanent housing for the artists in residence, and the province of Palencia have made it possible for concert artists from around the world to share and donate their art in the churches that were designed for their acoustical as well as their spiritual qualities.

We invite you to join us! Finding the concerts is easy, just look for the signs. ♦



*Sometimes the Camino means dashing through the snow, as it did for Karen Hypes as she approached the Somport Pass. Photo by Dayton Hypes, London ON*

## Hiking the Camino de Santiago

Reviewed by Michael Burriss, Greenwood SC

Reviewing a guidebook is a little bit different than reviewing a work of fiction or nonfiction. I focused on one question: Would I take this guidebook with me on the Camino? The answer is an enthusiastic yes! *Hiking the Camino de Santiago* is succinct and provides all the information that a guidebook should: distances, elevation changes, and detailed topographical information. However, one of the most appealing aspects of the book is its size. It can fit in your pocket easily, making it ideal for a quick reference if you are lost or need historical context about the town you are passing through.

### *Hiking the Camino de Santiago*

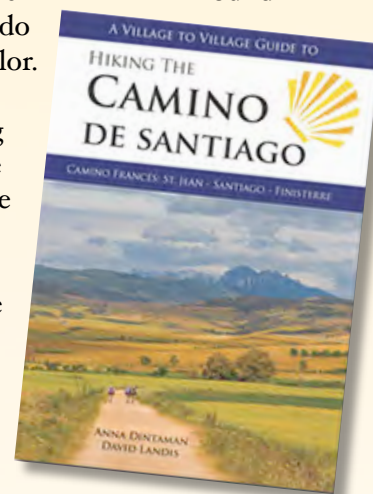
By Anna Dintaman & David Landis  
Village to Village Press; May 2013

Another advantage of this book is that it frames itself with a more personal touch providing information about the value of camaraderie that one forms on the Camino. The authors provide advice on essential packing gear and how to prepare for the Camino physically and mentally (even though there is nothing that can fully

prepare you for the Camino!). They list many historical facts about monuments and churches that the pilgrim will see along the way. The book also includes access to online GPS files of the stages on the Camino.

The only potential drawback to this book might be its weight. While it is an ideal size, the glossy paper used for publishing makes the pictures more appealing but adds more weight than lighter weight paper many guidebooks that do not have pictures in color. My main reason for purchasing and reading this book would be the info it provides, not the pictures.

All in all, I would take this book with me on my next pilgrimage and plan to do so. It can help new and seasoned pilgrims alike before, during and after their future pilgrimages. ♦



## Camino Signs

There is no end to the variety of yellow arrows on the Camino. Whether their maker is well-known or unknown, they all have the same purpose: to guide pilgrims. ♦



*!Ultréia!*

Annette Argall, Baltimore MD



*Bom Caminho*  
Linnea Hendrickson,  
Albuquerque NM



*Santiago Sign — Km 12*  
Mike Dunican, Lake Stevens WA



## Trail Magic on the Camino Inglés

By Randy Motz & Georgia Harris, Germantown MD

Long distance hikers in the U.S. call it “trail magic,” the unexpected people and experiences you encounter that make your adventure so memorable. During our walk on the Camino Inglés in 2013, we discovered the same phenomenon, though most on the Camino would simply call them Camino blessings.



Plaque on Church of Santa María

Our first day on the Camino, beginning in Ferrol, was a journey filled with an eclectic mix of scenery. We experienced the sight of naval vessels in the harbor at Ferrol, the 12<sup>th</sup> century San Martín de Xubia Church, and a mill near A Grandara de Altea that is a National Historic Site. Upon reaching Neda and having been on the trail for hours with no discreet place to “take care of business,” we were desperate. Thankfully, we

happened upon a large bike event and took advantage of the portable restroom brought in for the occasion. Trail magic? We thought so.

However, it was when we reached the Church of Santa María that we experienced what was unequivocally trail magic. We stopped to take photos of the plaque on the church that stated, “Dedicated to the pilgrims who visit this site on their way to Saint James of Compostela.” In the church’s parking lot were several people wandering about, and being a bit unnerved by their behavior, we prepared to make a hasty departure. Suddenly, they asked if we were pilgrims. When we replied, “Yes,” they urged us not to leave, excitedly pointing to a car that had just driven into the lot. Amazingly, the man in the car was the church’s pastor. He quickly unlocked the church’s front doors, and with a huge smile, welcomed us inside. We quietly walked through the ancient and hallowed sanctuary to a back room where he excitedly stamped our passports. As we left the church, he thanked us for stopping in and wished us well on our journey.

We walked away with profound gratitude for this experience. Of all the churches we had passed and would pass during our journey, we had stopped at this one. A landmark *iglesia* that is usually closed, but because of the hospitality of the local citizens, offered us a unique opportunity to step inside this magnificent building and have our passports stamped by the church’s *padre*. Now that is what we call “trail magic.” ♦

## Senior Discounts for Spanish Train Travel

Train travelers age 60 and older can take advantage of significant discounts on Spanish trains by using a *Tarjeta Dorada* (Gold Card). These cards cost € 6 and are valid for one year. They entitle you to purchase tickets for any type of train service for a 25-40% discount, depending on which day of the week you travel. You can purchase a *Tarjeta Dorada* at train stations, ticket offices, and travel agencies in Spain. The Spanish railway website ([www.renfe.es](http://www.renfe.es)), also available in English, has more detailed information. ♦



## Technology on the Camino

By Rob Nickerson, Oakland CA

At the 2013 American Pilgrims Gathering in Santa Barbara, Gene McCullough asked for information about smartphone apps used by pilgrims. I immediately began to think of ways to find this information. As a professor of information systems at San Francisco State University, I am intrigued by such questions. Back on campus, I asked my students if any would be interested in this project. One of my top students, Mark Austreich, expressed interest, and so he and I began a six-month research project.

Mark started by finding 43 Camino-specific smartphone apps, about half for iPhones and half for Android devices. Then he and I developed a detailed online survey about the use of all types of mobile technology on the Camino - basic cell phones, smartphones, tablets, e-readers, etc. We distributed the survey's link to past and future pilgrims through email lists. *La Concha*, and Facebook. We received over 500 responses.

Main things we learned from the

survey:

*Mobile technology – to take it on Camino or not.* Opinions varied greatly. Some pilgrims readily embraced it and others were adamantly opposed.

*Mobile devices – which ones?* Smartphones were by far the most common device carried by pilgrims, but some took basic cell phones, tablets, or e-readers. Pilgrims mainly used their mobile technology to keep in touch with friends and family, but were concerned that the devices had to be charged regularly.

*Non-Camino-specific apps.* By far the most commonly used general apps were those that allowed pilgrims to keep in touch with friends, family, and other pilgrims, specifically email and Facebook.

*Camino-specific smartphone apps.* Apps specifically for the Camino were not used as much as we expected, and some were not well-rated by pilgrims. Those who used both smartphone apps and paper guides, such as Brierley, reported, by a wide margin, that the apps were no better than the paper guides.

*“Ideal” smartphone app.* Pilgrims want easy to use apps in English with accurate, current information that can be used off-line and that provide route and town maps, listings of albergues and other accommodations, and information on culture, history, and points of interest. We encourage developers to create such apps.

1. I hope we have provided information to help future pilgrims decide on mobile technology use on the Camino. Special thanks to Gene McCullough, Mark Austreich, Mona Spargo, Zita Macy, American Pilgrims on the Camino, and all the survey respondents. ♦



## Everyone Does Their Own Camino

By Rebecca Gallo, Asheville NC

Rémy and I placed our orders at a café on the square in Pamplona. Our packs sat on the ground next to us. As we sipped our beer, Antoine walked by; the 27-year-old Frenchman carried his 40-pound pack, walking sticks in one hand, and a guitar case in the other.

"You really bought it!" I said. Antoine told me earlier about his plan for this purchase. It was not something I would choose to carry 480 miles, but I long ago let go of my idea of "the right way" to walk the Camino.

Six months earlier, my image of a pilgrim was one who walked every mile, carrying their own pack, staying each night at hostels. Jenna changed that image in a conversation we had after her return from walking the last 100 km, staying in hotels and paying someone to move her pack each day. Wasn't a pilgrimage partly about the physical struggle of a too-heavy pack carried mile after mile? Of sharing a room with eighteen other pilgrims in rustic lodging?



*The author and Rémy Maudet.*

*Photo by Rick Shaw, Lakewood Ranch FL*

Jenna heard my surprise at her choices. "Remember, everyone walks their own Camino."

After lunch in Pamplona, I made my way to Cizur Menor. That evening, I sat at a table with four friends.

Antoine played his guitar. Justin carved a hole in the scallop shell he saved from a dinner two nights earlier. Diane wrote in Justin's journal. (Justin asked everyone he met to do this.) Rémy sat listening. I was surrounded by people doing the Camino their own way:

- Antoine with a guitar strapped to his back.
- Justin biking the whole way. A two-week vacation and two young children at home made walking impossible.
- Diane walked from Sarria to Santiago with her college-age children and now returned to walk from Saint-Jean-Pied-de-Port.
- Rémy does three weeks of the Camino each year—his wife doesn't want him away any longer. A few years ago he began in Le Puy, France. That year he would end in Burgos.

Upon my return to the States, Jenna shared more details of her story with me. Raising her daughter is full of struggles. "I feel like I'm carrying a heavy pack every day. The Camino was my time to let someone else carry that weight." There's always more to every story. I remind myself of that Camino lesson nearly every day. ♦



*Antoine Batier with his new guitar in Pamplona*

## July Hike at Lake Tahoe

By David Jennings, Kings Beach CA

Join us July 11-13 for a weekend of hiking at North Lake Tahoe. Walt Scherer has reserved two campsites (one tent and one RV, each accommodating 12 persons,) at Mt. Rose USFS Campground, on Mt. Rose Highway just above Incline Village NV. The campground is at the trailhead for the Tahoe Rim and a number of other trails offering amazing vistas of Lake Tahoe. According to Mark Twain, "The water is clearer than the air, and the air is the air that angels breathe."

Please plan to arrive on Friday afternoon, relax, acclimate, reacquaint, and enjoy a community dinner. Maybe a game of petanque?

Saturday morning, we will hike from the campground, starting on the Galena Falls trail, stop at the falls for lunch, then loop around and return to campground on the Relay Peak road, enjoying great vistas of the lake and surrounding area. This hike is approximately eight miles, considered moderate,



*Spectacular Lake Tahoe vista!*

maybe 500 ft. elevation gain overall, but remember you'll be at 9000 feet! Saturday Mass is at 5 pm at St. Francis of Assisi (also on Mt. Rose Highway), followed by a community dinner.

Sunday we can go down the hill for a shorter easier hike to discover the beautiful varied colors of the shoreline. Tahoe is one of the world's deepest lakes.

For non-campers, Monica Armanino and Dave Jennings and Frank and Carol Coughlin, along with other local pilgrims, can provide some housing in private homes or information on commercial lodging.

Meet/make friends, share experiences, reenergize, and join us on the mountain! R.S.V.P. ASAP to Walt Scherer: [walt@starstream.net](mailto:walt@starstream.net) or (916) 652-9328 or Dave Jennings: [cbellasail@sbcglobal.net](mailto:cbellasail@sbcglobal.net) or (530) 412-0144. ♦

## Contributors

A special thank you to all the writers, photographers, and artists who contributed to this edition of *La Concha*. Your talents are much appreciated. ♦

- ♦ Annette Argall
- ♦ Robin Brodsky
- ♦ Michael Burriss
- ♦ Martha Crites
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- ♦ Daniel De Kay
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- ♦ Rebecca Gallo
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- ♦ Louis Pepper
- ♦ Rick Shaw
- ♦ Federico Sheppard
- ♦ Lynn Talbot
- ♦ Sanjiva Wijesinha
- ♦ Shivantha Wijesinha
- ♦ Stacey Wittig





## Walking in the Good Way

By Stacey Wittig, Munds Park AZ

*Stand at the crossroads and look; ask for the ancient paths, ask where the good way is, and walk in it, and you will find rest for your souls... Jeremiah 6:16-19*

This scripture reminds me of my first day walking El Camino. My eye was not yet accustomed to seeing the yellow arrows or other markings that pointed the way from sometimes-inconspicuous locations. I stood at a crossroads contemplating which way I should go. When I strode out to the left, a woman's voice called out from an apartment window three stories above, "*Va la manera equivocada. Vaya el derecho.*" You are going the wrong way. Go right. I looked up towards the sound of the admonishment and saw nothing but an open window with its curtain catching the breeze. I stopped, trying to understand the words delivered in a language unfamiliar to me.

Sometimes life leads us to a crossroads, and we wonder which path is the good way. We might be trying to make a decision about a job, or which college to attend, or whether to marry, stay single or divorce. In any case, we don't often hear audible instructions like I did that day when I set out on the ancient path.

The verse above says that we should ask for direction. If we ask and pray for discernment, often God will reveal to us the good way. His

revelation comes through dreams, visions, scripture and – as it happened to me – through others. We can check what we think is the answer from God by comparing it to scripture. God will never lead us in contradiction to what the Bible says. You could ask, "God, is this direction truly from you?" I don't make a significant decision without the divine directive being first confirmed by scriptures. I might ask trustworthy people what they discern about the guidance I believe may be from God. In addition, I look for a sense of inner peace. Ask yourself, "Do I have God's gift of peace about this?"

Big or small, God wants to be part of your decisions. "Whether you turn to the right or to the left, your ears will hear a voice behind you, saying, *This is the way; walk in it.*" Isaiah 30:21

### For Reflection:

1. Describe a time when you heard God's voice.
2. Consider what could improve your spiritual hearing.
3. How do you determine if the prompting that you hear is really from God? ♦

Excerpted from her book *Spiritual and Walking Guide: León to Santiago on El Camino*

## The Schengen Area Issue

### Is there a limit to the length of time I can stay in Europe?

Actually, yes, there is. And for U.S. citizens generally speaking it is 90 days. There is a consortium of 26 European countries, which comprise the Schengen Area ([http://en.wikipedia.org/wiki/Schengen\\_Area](http://en.wikipedia.org/wiki/Schengen_Area)), more or less but not exactly the European Union countries, that have agreed to abolish internal border control, but to strengthen external controls. The U.S. Department of State has a Schengen Fact Sheet (<http://travel.state.gov/content/passports/english/go/schengen-fact-sheet.html#FAQ>) that has all the information needed for U.S. passport holders. Without going into the possible difficulties of obtaining visas, the basic rule is that one can stay in the Schengen Area for 90 days within a 180 day period. For most people that would mean that after you have stayed in the Area for a continuous 90 days, you have to leave for 90 days. Although you may read about people who ignored this rule and got away with it, if you are caught leaving the area in violation of the regulations, a very stiff fine might apply and you might have your passport stamped so as to be unable to reenter the Area at all in the future. ♦

## El Camino Real

By Robert Labs, Manhattan Beach CA



At last year's Annual Gathering in Santa Barbara, members of the California Missions Walkers described their efforts to establish a walking route between California's 21 Spanish missions. El Camino Real refers to the historical trail connecting not only the missions but also presidios, pueblos, adobes, and other historic sites. Stretching approximately 800 miles along the California coast, the Camino Real route travels from Mission San Diego de Alcalá in the south to Mission San Francisco Solano in the north.

Since that presentation, a growing number of new pilgrims, as well as veteran peregrinos of the Camino de Santiago, have begun to walk El Camino Real in California. To some, the goal is to hike the California Mission Trail as authentically as possible along the original Camino Real route. This presents a challenge today since much of it is now obscured by highways and developments. Others use the missions as destinations for scenic and historical routes less travelled. Like the pilgrimage to Santiago de Compostela, it really is a personal journey.

In an attempt to bring the Camino pilgrimage experience to California, members of the California Missions Walkers have mapped, photographed, blogged, documented and even published their individual



journeys which include detailed turn-by-turn directions with options for lodging or camping. These journeys are shared with other members on the CALIFORNIA MISSION WALKERS Facebook page.

The goal of our group is to develop a safe walking route along, or one which closely approximates, the original Camino Real. We seek to promote the appreciation of California history, art, culture, and natural beauty, as well as to foster a spirit of hospitality and camaraderie. We envision places to stay at convenient intervals and pilgrims walking to honor their faith, their strength or, in some way, their lives – a domestic Camino de Santiago. Everyone is welcome to join us on this journey. Perhaps you may be aware of alternative paths that can improve the experience.

Our Facebook page provides a great resource for this adventure. To follow our pilgrims' progress on California's El Camino Real, simply Google California Missions Walkers, or "like" us on our Facebook page. ♦

## Rabanal

*By David Garcia, Confraternity of St. James, London, UK*

Many of you will have heard of Refugio Gaucelmo, run by the British Confraternity of St. James, in Rabanal del Camino. You may have stayed the night as a pilgrim or worked as a volunteer hospitalero. Gaucelmo is changing, in response to developments in Rabanal and the Camino in general.

In 1991, Gaucelmo was the only refuge between Astorga and Ponferrada. There were no shops or restaurants in the village. The early hospitaleros received a daily tidal wave of up to 120 pilgrims seeking shelter. No one was turned away. In the morning, everyone was given a simple breakfast to fortify them for the challenge of the Montes de León.

Since those early days, albergues, shops, and restaurants have opened, not just in Rabanal but also in nearby Foncebadón. As a result, the pressure of that daily wave on Gaucelmo has receded.



*Tea time at Gaucelmo*

In the changed circumstances, we can step back and look again at the quality of the Gaucelmo experience. Our focus used to be: to provide as many beds as we could possibly squeeze into the available space. Now we are able to trade four bunks from the main dormitory for the benefit of additional space.

We've planted a wonderful herb garden with a wide variety of herbs and climbing roses, the sight of which gladdens the hearts of pilgrims weary of the dusty trail. The herbs perfume the air and add subtle flavours to the meals our pilgrims prepare in the fully equipped kitchen.



*Pilgrims relaxing in the garden.*

It is our hope that those of you who remember the garden will approve of the changes there. A large pergola wreathed in climbing plants provides shade for pilgrims to sit and relax. The new fruit trees have survived their first winters and will bear fruit with more shade for tomorrow's pilgrims.

In summary, we have extended our focus from simply providing physical shelter to offering pilgrims a haven of peace and tranquility from what can be a hectic Camino. Yet, some things remain unchanged. We continue our tradition of providing a simple breakfast and afternoon tea in the British manner. Our welcome remains as warm as ever, and we hope to continue to extend that welcome to many more pilgrims and hospitaleros from American Pilgrims on the Camino. ♦



*Herb garden.*



## Magnífico!

*By Louis Pepper, Bend OR*

Thoughts from the Camino – April 2013. As I get ready to enter Santiago, I’m thinking a lot about what this journey really means. I think people come to the Camino thinking they will find an answer to some pressing life question like “Do I quit my job?” or “Do I change a relationship?”

But the Camino will have none of that. It asks simpler but more important questions like:

How well do you deal with uncertainty or adversity day after day?

Can you learn to live and thrive in a different culture or does it bother you that the stores close at 2 pm or that you can’t get ketchup for your fries at every restaurant?

Can you disconnect from Facebook and your friends and family and look up at the marvelous tapestry of terrain that is Spain?

And how well do you cope with no sleep, sore feet, tendonitis and still carry on day after day?

Can you appreciate the smile of an old Spanish woman who wishes you “Buen Camino,” or the young Spanish woman at an albergue who asks you to teach her a phrase in English, or the

stunning vistas that visit you every day on the Camino?

The Camino teaches us that no matter where you are, familiar or unfamiliar, life is an exercise in dealing with difficulty and uncertainty while reveling in life’s magnificence.

Like the young man from Aragón and I marveling at the view on the walk to O Cebreiro when somehow in a hybrid of Spanish and English we managed to find the perfect word to describe the view. “Magnífico, magnífico” we shouted over and over as we walked, laughed, and smiled.

This is life. Life is what the Camino teaches. Life is the difficult, uncertain, mundane, and magnificent. We need only to stop trying to avoid or resist the difficult, and recognize, marvel at, and celebrate the magnificent.

The Camino doesn’t answer our questions; it shows us life in all its manifestations. That is why, on the walk to O Cebreiro, as we looked over at the magnificent view, the young Spaniard and I shouted to the world, over and over, “Magnífico, magnífico.” ♦



*O Cebreiro*



## Welcome, New Members!

We are pleased to welcome the following new members who joined American Pilgrims on the Camino from February 2014 through June of this year. We look forward to meeting all of you at future Gatherings and events. ♦

- |                                      |                              |                             |
|--------------------------------------|------------------------------|-----------------------------|
| ♦ Ethan Abercrombie                  | ♦ Renee Cassidy              | ♦ Mary Ann Genellie         |
| ♦ Jim Aceves                         | ♦ Ramon Julian Cedrun Solana | ♦ Raymond Genellie Jr       |
| ♦ Shawna Adam                        | ♦ Katie & Randy Chilton      | ♦ Grady Alicia Gonzalez     |
| ♦ Abigail Adam                       | ♦ Janet Ciccel               | ♦ Harold Goodrich           |
| ♦ Sharon Albers                      | ♦ Marie Coleman              | ♦ Kristi Grabenstein        |
| ♦ David & Kathe Alves                | ♦ Bob & Joan Cone            | ♦ Mary Graff                |
| ♦ Julianna Andersen                  | ♦ Dana Conner                | ♦ Dee Graham                |
| ♦ Jennifer Anderson                  | ♦ Pam Conrad                 | ♦ Shirley & Ron Haake       |
| ♦ Hector Anguiano                    | ♦ Daniel Cordova             | ♦ Robert Hagaman            |
| ♦ Guillermo Arango                   | ♦ James Craig                | ♦ Thomas & Conor Hall       |
| ♦ Rebecca Arburua Aukland            | ♦ Quintin Crevling           | ♦ Patrick & Maura Hall      |
| ♦ Mily Areces                        | ♦ Denise De Baun             | ♦ Thomas Hancock            |
| ♦ Dianna Ashley-Garcia               | ♦ Cynta de Narvaez           | ♦ Robert & Richard Harris   |
| ♦ Donald Aukland                     | ♦ Karen Delcioppo            | ♦ Jeffrey R Hartman         |
| ♦ Amelia, James & Sarah Bahr         | ♦ Alice Dell                 | ♦ Martha Harney Hayes       |
| ♦ Marcel Balcarek                    | ♦ Scott & Jeannette DePoy    | ♦ Christy Hedges            |
| ♦ Mirtha Barberis-Helt               | ♦ Karen Didorek              | ♦ Elke Heitmeyer            |
| ♦ Freddie-Lyn Barrett                | ♦ Linda Dilling              | ♦ James Helt                |
| ♦ Christine Barrington               | ♦ Jason Driver               | ♦ Christine Helwick         |
| ♦ Tina, Danielle & Jessica Bartelmay | ♦ Jack Duffy                 | ♦ Brian & Marianne Hennig   |
| ♦ Hugh & Patricia Baskin             | ♦ Steve & Katie Dusek        | ♦ Carol Herndon             |
| ♦ Harold & Ryan Bassett              | ♦ Joseph & Katie Eberly      | ♦ Cameron Herrmann          |
| ♦ Camille Baughman                   | ♦ Susan & William Eckler     | ♦ Edwin Hession             |
| ♦ Richard Bearden                    | ♦ Robert Eddy                | ♦ David Hixson              |
| ♦ Peg Benson                         | ♦ Joan Effertz               | ♦ Michael Hoffman           |
| ♦ Michele Berteaux                   | ♦ Kenneth Elkin              | ♦ Mary Elizabeth Hoffman    |
| ♦ Ben Boldt                          | ♦ Jann Eskelsen              | ♦ Sophia Hoffman            |
| ♦ G. Lynn Bonner                     | ♦ John & Kate Evans          | ♦ Jedediah Holdorff         |
| ♦ Leif Borgen                        | ♦ Anne Ewalt                 | ♦ Karen Hooley              |
| ♦ Sophia Bowie-McCoy                 | ♦ John Fallon                | ♦ William & Angela Hoyt     |
| ♦ Sharon Boyd                        | ♦ Mary Susan & Scott Farrar  | ♦ Andrea Hug                |
| ♦ Lucia Bozzolo                      | ♦ Nancy Fassett              | ♦ Bartholomew Hutcherson    |
| ♦ Hugo Bozzolo Jauregui              | ♦ Matt & Keegan Faudree      | ♦ Paula Januzzi             |
| ♦ Barbara Bradley                    | ♦ Mike Fazioli               | ♦ Phillip Jauregui          |
| ♦ Carolyn Brodt                      | ♦ Ben Fisher                 | ♦ Gary Johnson              |
| ♦ Jay & Janet Brown                  | ♦ Dan Fitzgerald             | ♦ Patricia Johnston         |
| ♦ Louise Bullock                     | ♦ Michele Fontaine           | ♦ William Jones             |
| ♦ Patricia Butterworth               | ♦ Lucy Fox                   | ♦ Karen Andrea Jensen Jones |
| ♦ Louis Caputo                       | ♦ Mark Freeman               | ♦ Helen Jones               |
| ♦ Christina Cardoza                  | ♦ Helen G Frenette           | ♦ Julie Julison             |
| ♦ Perley Carmichael                  | ♦ Gerald Fritz               | ♦ Linda Lee Kaye            |
| ♦ Patricia J. Carvalho               | ♦ Janis Gane-Johnson         | ♦ Meghan Kennedy            |
| ♦ Tim & Darby Casady                 | ♦ Angelique Garay            | ♦ Steven & Joann Kerr       |
|                                      | ♦ Anna Garcia                | ♦ Verna Kershaw             |



## New Members! continued

- ♦ William Klein
- ♦ Elaini Kollias
- ♦ Guenther & Sabine Kruse
- ♦ Kathy Kube
- ♦ Aric Lange
- ♦ Susan Larmour
- ♦ James, Janet & Mary Larocco
- ♦ Terri Larson
- ♦ Rachel Laufer
- ♦ Bette & Steve Lebens
- ♦ John Leder
- ♦ Paul Lee
- ♦ James D Lehmann
- ♦ Robin Lieberman
- ♦ Tamara Lindsay
- ♦ Bernie Linnartz
- ♦ Laurel Linton
- ♦ Edward & Marilyn Lorenz
- ♦ Linda Lowman
- ♦ Dario Marchena
- ♦ James Martin
- ♦ James McCaffrey
- ♦ James McCoy
- ♦ Skip & Valerie McGaughey
- ♦ Shauna McKinney
- ♦ Jeffrey Mellas
- ♦ Patricia Mendoza
- ♦ Liz Merchant
- ♦ Gloria Meulepas
- ♦ Annamarie Minogue
- ♦ Marsha & David Missall
- ♦ Leslie Moe-Kaiser
- ♦ Annette & Ruth Moeller
- ♦ Roxanne Moger
- ♦ Barb Morris
- ♦ Bob Moura
- ♦ Marlin Murdock
- ♦ Laura Neil
- ♦ Mary Newstrom
- ♦ Michelle & Amy Nichols
- ♦ Shari & James Niswonger
- ♦ John Novak
- ♦ Marian O'Reilly
- ♦ Lucille & Jonathan Olson
- ♦ Cathryn & Ronald Padgett
- ♦ Anthony Pagel
- ♦ Leonardo Paone
- ♦ Scott Pate
- ♦ Gabriela Pelaez
- ♦ Lawrence & Cynthia Pelkowski
- ♦ Virginia Phy
- ♦ Joann Powell
- ♦ Andrea Prentice
- ♦ Tatiana, Jim, Ariana Promessi
- ♦ Walter & Vickie Qualls
- ♦ Dick & Bonnie Quinn
- ♦ Heather, Jo Ann & Edward Rademacher
- ♦ Linda Ramus
- ♦ Jim & Pam Ray
- ♦ Shele Rede
- ♦ Jim Reed
- ♦ Marnie Reynolds
- ♦ Kevin Rich
- ♦ George Risdon
- ♦ Deborah & Stephen Rock
- ♦ John & Maria Rodriguez
- ♦ Joan & Bob Rohde
- ♦ Leah Rousmaniere
- ♦ David Ross
- ♦ Karen Rowe
- ♦ Rob Roy
- ♦ Karen Rudnick
- ♦ Karin Samulis
- ♦ Michael Santangelo
- ♦ Joanna Satorius
- ♦ Fiona Saunders
- ♦ Joan Sauvigne-Kirsch
- ♦ Pamela Sawtelle
- ♦ Robert Scheckenback
- ♦ Kenneth Schmaus
- ♦ Sonae & John Seymour
- ♦ Suzanne Sidler
- ♦ Ann Sieben
- ♦ Barbara Slick
- ♦ Tobie Smith
- ♦ Richard Smith
- ♦ Ann Smith
- ♦ Clinton Smith
- ♦ Rev. Richard Smith
- ♦ Steven Smoot
- ♦ Celeste Snyder
- ♦ Diane Sotiros
- ♦ Rebecca Splittstoesser
- ♦ George & Jane Starks
- ♦ Julie Stenson
- ♦ Joseph & Linda Stubbs
- ♦ Barry Switzer
- ♦ Maria & Richard Tadlock
- ♦ Rick Taylor
- ♦ Marcelyn & James Thobaben
- ♦ Barbara Thomas
- ♦ Michael Tillery
- ♦ Douglas Treuting
- ♦ Gail True
- ♦ Donna E. Tudor
- ♦ Allen & Debra Tufts
- ♦ Tanya Valdes
- ♦ Howard Valdez
- ♦ Patrick Vance
- ♦ Amy & Kileen Vander Heiden
- ♦ Lonnie Vanderslice
- ♦ Theresa Wagner Dahmer
- ♦ Michael Walker
- ♦ Eoin, Colin & Brian Wallace
- ♦ Anna Weidman
- ♦ Kristine Weisbrod
- ♦ Mary Whitby
- ♦ Jill Wielgomas
- ♦ Shivantha Samarakoon Wijesinha
- ♦ Chitra & Menaka Wijesinha
- ♦ Natalie Wilson
- ♦ Kelly Wilson
- ♦ Carol Wilson-Duffy
- ♦ Sydney Wing
- ♦ Derek & Heather Wittman
- ♦ Eileen M Wolfe
- ♦ Thayer Woodcock





*The mission of American Pilgrims on the Camino  
is to foster the enduring tradition of the Camino by supporting its infrastructure,  
by gathering pilgrims together, and by providing information  
and encouragement to past and future pilgrims.*

## Do You Have Camino Impressions to Share?

With every issue we are delighted anew by the quality, variety, and abundance of submissions – and especially by the fact that so many are from first-time contributors. Your enthusiasm for the Camino and for *La Concha* as a medium for sharing that enthusiasm keeps us going!

So, please keep telling us, in **400 words or fewer**, about *your* Camino. Consider a photo, a poem, or a new found understanding of an idea – a pilgrim's perspective. We have refined our

guidelines, so please visit [Newsletter](#) on our website for suggestions and our new guidelines.

The submission deadline for the next issue is October 10, 2014. We welcome your questions, comments, and submissions at [newsletter@americanpilgrims.com](mailto:newsletter@americanpilgrims.com).

iBuen Camino!

*Cherie Pagett, Annette Argall,  
Zita Macy, & Mona Spargo*  
Team La Concha

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