



**Valley of the Sun Chapter  
American Pilgrims on the Camino**

**Camino Portuguese  
March 17, 2022**

# Camino Portuguese - Agenda

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## Camino Portuguese Routes and History

### Speakers

**Charlotte Helbig** walked Lisbon to Santiago –  
Central Route

**Bethany Krom** walked Porto to Santiago –  
Coastal Route

**Laurie Ihry** walked Baiona to Santiago –  
Coastal Route

### Questions

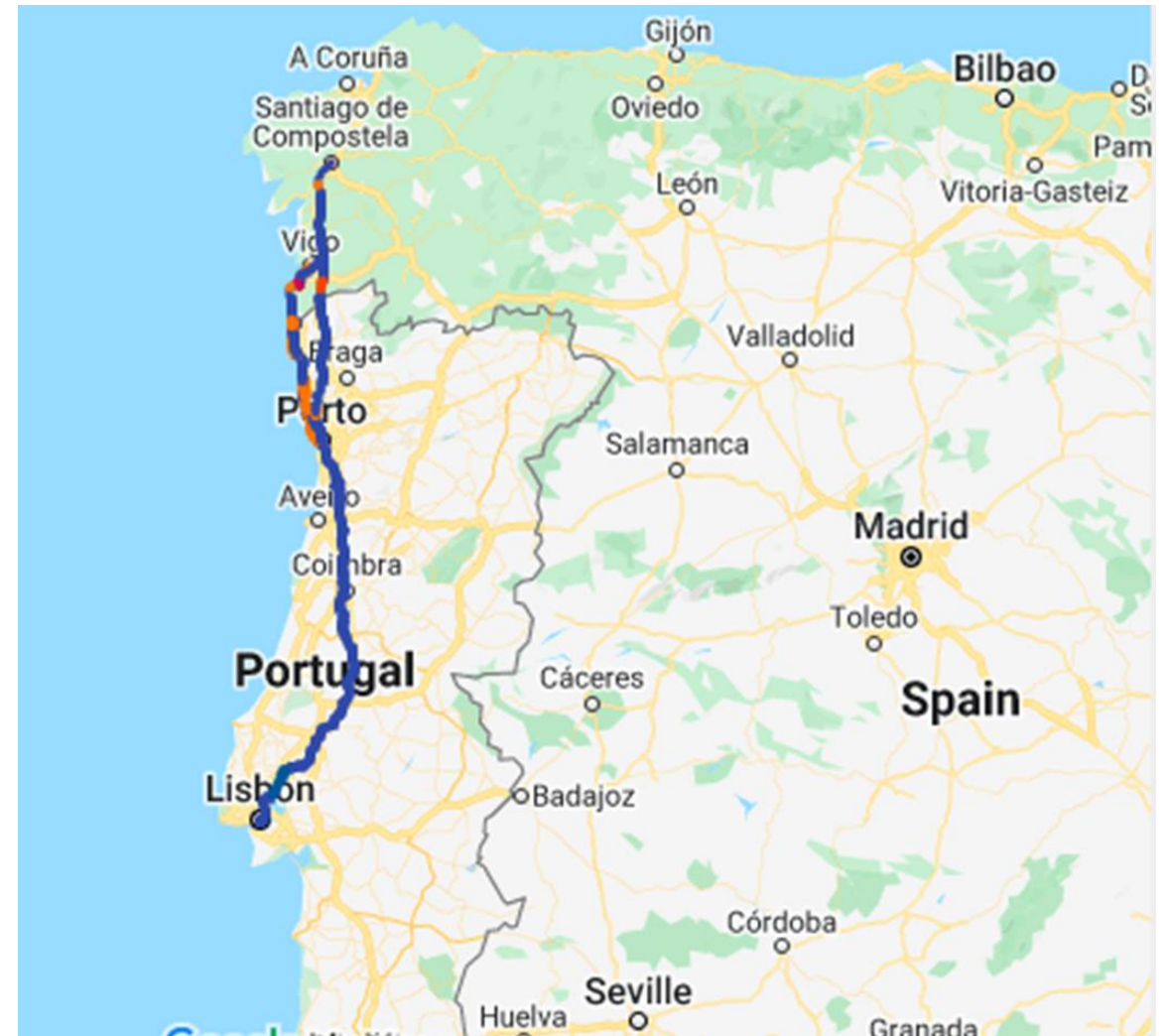


# Camino Portuguese

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Lisbon to Santiago

641 kms (398 miles)



# Camino Portuguese

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Porto to Santiago

280 km (174 miles) on the  
Coastal Camino.

252 km (157 miles) along  
the Central route



Costal Route



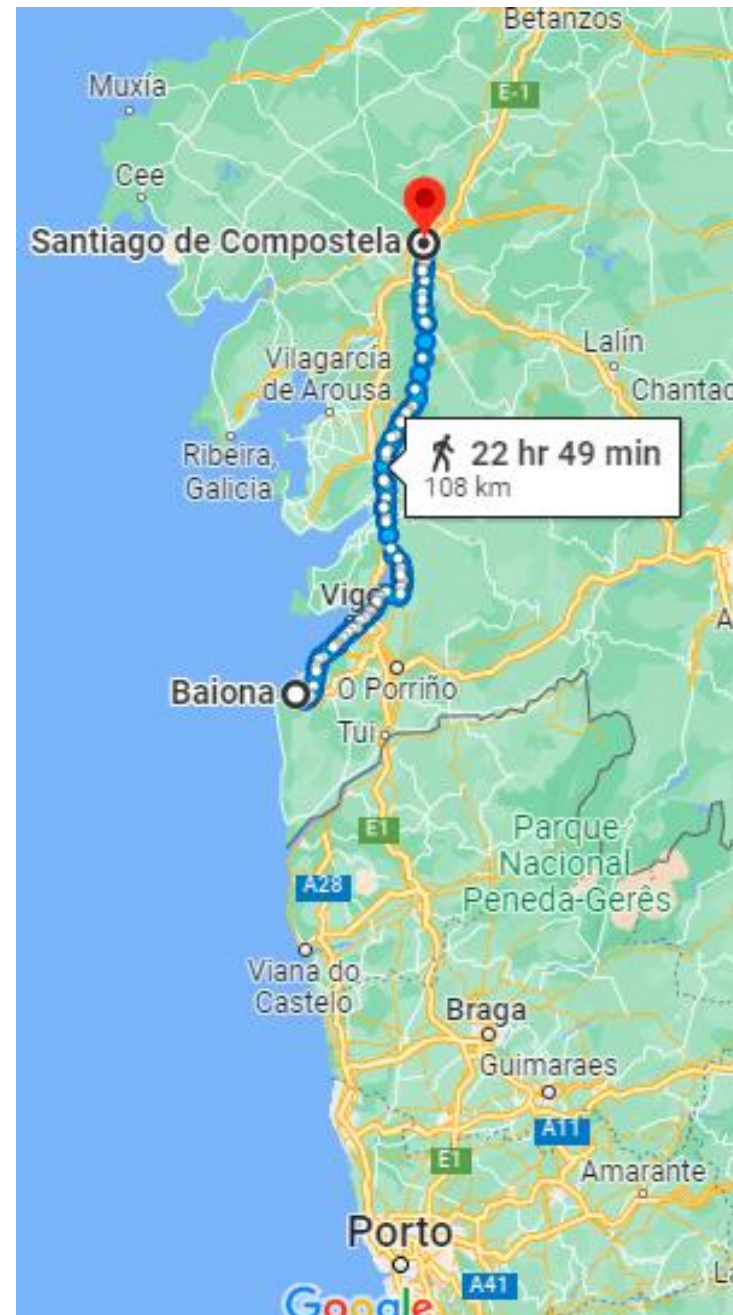
Central Route

# Camino Portuguese

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Baiona to Santiago

108 km (67 miles)



# Camino Portuguese - History

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## Central Route

- Existed prior to Portugal gaining independence from Spain in 12<sup>th</sup> Century
- Originally part of a maritime route which a became land route when sea travel not possible.
- Queen Isabel of Portugal (13th Century) made a pilgrimage on this route resulting in the consolidation of existing multiple land routes and further development.



# Camino Portuguese - History

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## Coastal Route

- Became popular in 15<sup>th</sup> Century due to importance of coastal towns during Age of Discovery.
- European pilgrims from different nations, mainly high clerics, members of royalty, nobles and knights, traveling through the different courts of Europe completed the Camino Portuguese.

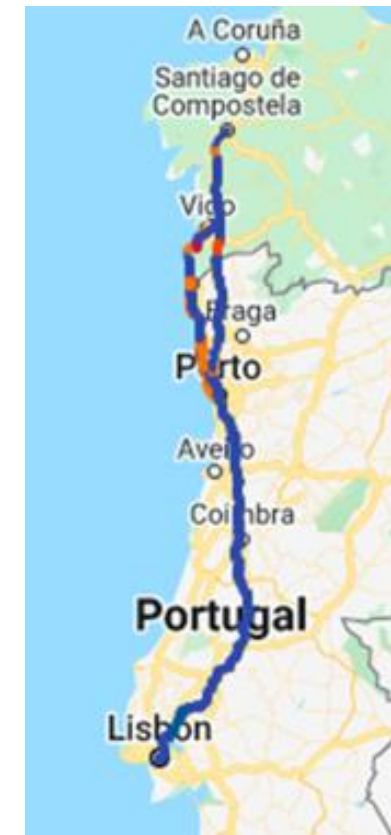


# Camino Portuguese - History

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## Resurgence of Camino Portuguese in 20<sup>th</sup> century

- Government commitment to public institutions “winds of change”
- Fatima (1917) Pilgrimage for Catholics
- Civil War in Spain (1936-39)
- Portugal neutrality in WWII





# Camino Portuguese

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**Question?** Please type questions into the CHAT.  
Please mute yourself.

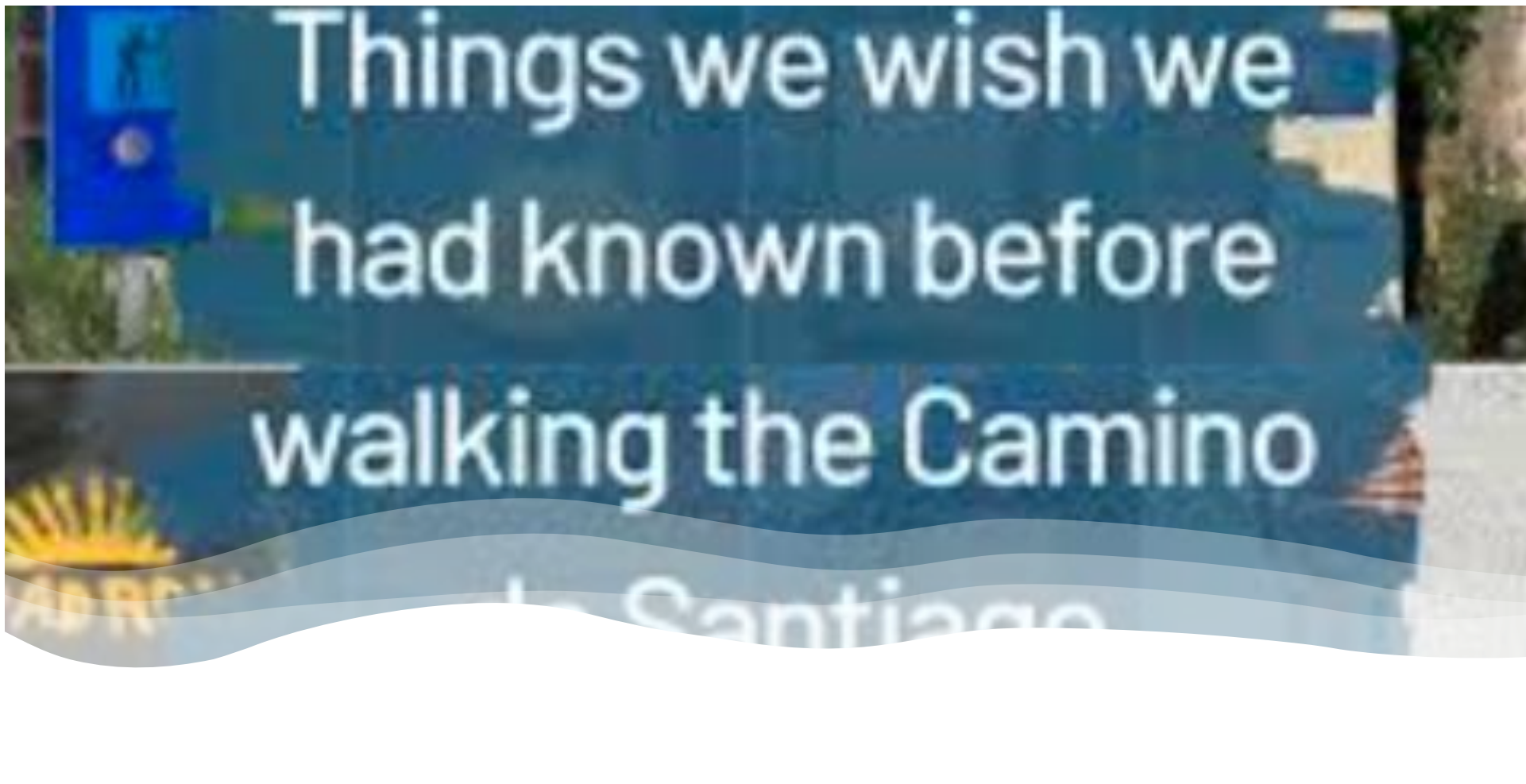
# Camino Portuguese

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***QUESTIONS?***

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**American Pilgrims on the Camino - Valley of the Sun Chapter**



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**Valley of the Sun Chapter**



# ULTREYA!

[phoenix@americanpilgrims.org](mailto:phoenix@americanpilgrims.org)